

An aerial view of a person in a red jacket and white hat kayaking in clear turquoise water. The kayak is light blue with black gear. The person is using a black paddle. To the right is a large, craggy rock formation. The water is very clear, showing the rocky bottom.

Your Perfect Playground

OUTDOOR

ROVINJ – VRSAR – BALE – SVETVINČENAT – KANFANAR / ISTRIA / CROATIA



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Welcome to Istria

WELCOME TO ISTRIA

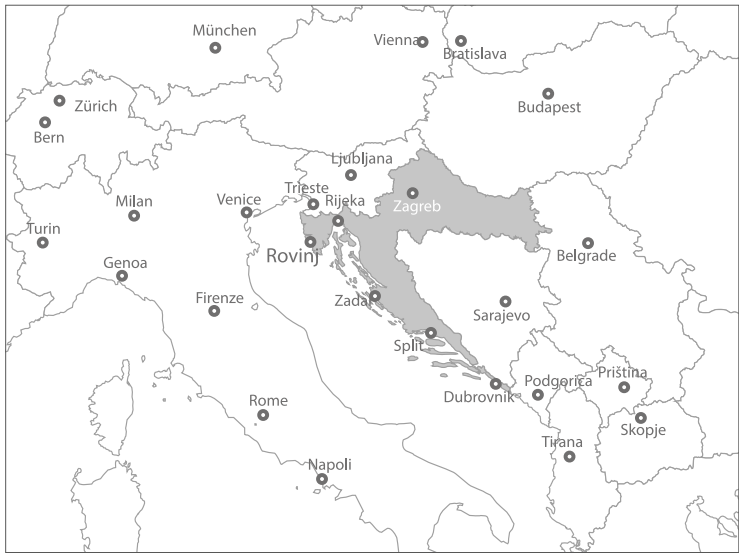
Welcome to magical Istria,

to areas of its distinctive past, its rich cultural tradition, pristine nature and a rather interesting gourmet offer...

Just like a mosaic, this Mediterranean peninsula consists of the fragments of different civilisations, cultures and tastes. It will leave no one indifferent with its Roman amphitheatre to the south, Euphrasian Basilica from the Byzantine period to the west coast and its medieval hilltop towns within its interior, up to all those little Venetian windows over its coastal towns.

Green landscapes, its vast vineyards and hundred years old olive groves carry the rhythm of relaxation and the joy of living in harmony with nature, whilst the red Istrian soil and sea bestow its authentic tastes. When it comes to the allure of this peninsula, there is no season that impoverishes it...

Surrender to its magic and you will most definitely want to come back here, discovering every now and again new pieces of this rich Istrian mosaic, finding out why the Great Powers of the past continued to fight here for millennia in order to call this little peninsula their home...



WHERE ARE WE

Amsterdam 1424 km
Vienna 570 km
Budapest 595 km
Milan 524 km
Munich 592 km



Pula 40 km
Rijeka 120 km
Trieste 171 km
Ljubljana 209 km
Zagreb 251 km
Venice 260 km



The centuries-old tradition of natural flavours

Local taverns, agritourisms and restaurants are full of gourmet delicacies. Outdoor enthusiasts will be also attracted, we believe, by the wine trails, the olive oil trails and the honey trails too!

The diversity of the Istrian peninsula is reflected in the richness of its gourmet offer: the offer of Istrian delicacies changes just by moving from the coast to the interior as well as with the change of season. The history and location of Istria in a climate-friendly Mediterranean area favours the diversity of its colours, tastes and the aromas of its dishes and drinks. Here white or blue fish and shellfish are prepared in delicious risottos and brodettos, with poultry, veal, wild game being served with *fuži* (homemade pasta) and gnocchi, naturally grown vegetables or fanciful *minestrone*.

This gourmet magic is enriched by its "majesty", the truffle, delicious pork tenderloin, sausages, prosciutto and cheeses, wild herbs like asparagus, spices like laurel and rosemary, and top quality wines and extra virgin olive oils.





Magical itineraries:

Rovinj, Vrsar, Bale, Svetvinčenat, Kanfanar

Rovinj

On the playful west coast of the Istrian peninsula you will find Rovinj, the "romantic heart of the Mediterranean". Even today its history rolls through the narrow streets of the old town, reflected in its lovely squares and in the sound of the boats striking into the waves or twisting beneath the winds of the Adriatic.

Its turbulent, millennial past and the valuable hands of its hosts have created this amazing town, a source of heritage and beauty that cannot be described in one word. All this has brought with it a number of titles, among which a title of cultural monument since 1963 has been proudly preserved. With the astonishing Church of St. Euphemia watching it from high above, on top of the hill, raised by local citizens in her honour where a marble sarcophagus is kept, in which, by tradition, her body sailed from Constantinople into Rovinj around the year 800...

The rest of the story will be discovered when you arrive in a city that has been compared to Venice for its beauty and historical heritage, but also for its *batana*, a fishing boat that can still be used to reach the houses on the outside of the city core. In memory of *batana*, a small museum has been erected, which preserves the tradition of this century-old boat that has fed the people of Rovinj, and which has been included in UNESCO's Register of the world's best practices for the safeguarding of intangible cultural heritage.

Bustling with charming galleries and ateliers, collections and museums, Rovinj is a regular host to exhibitions of well-known names, and during the summer, a whole street, Grisia, becomes an open gallery for a day. Moreover, Rovinj itself is a remarkable exhibit whose doors are wide open throughout the year.



Vrsar

Its Mediterranean colours and scents are the best guide through the alleys that even today will thrill you with their architecture taking you on a journey through time, from the ancient past, through the dark middle Ages to the present day. The area of Vrsar has been inhabited since prehistoric times and with the arrival of the Romans a new coastal settlement was erected at the foot of the hill, called Ursaria.

A series of *villae rusticae* had been built in the ancient Vrsar from which a view extends over one of the most beautiful archipelagos with 18 islets.

In late antiquity, trade began to evolve, particularly thanks to its proximity with Ravenna and the Roman Via Flavia, with Vrsar becoming an export port for Istrian stone. Stone for the construction of Venice was exported from the old Montraker quarry, in Vrsar, and the Venice Statute from 1307 decided that Istrian stone would be the only material incorporated into the façade of Venetian churches.

Vrsar can also be found in the "Memoirs" of the most passionate European paramour, Giacomo Casanova, who, during his visits, opened his heart to a number of local girls.

Appreciating the fishing tradition of its coastline, the colourful fruits of the valleys and hills, and the golden drops of the surrounding olive groves and vineyards, Vrsar will welcome you with lavish banquets, faithfully respecting the original traditions of the Istrian peninsula.



Bale

This city-museum on the west coast of Istria is the undiscovered source of an interesting historical and architectural heritage. The Romans built the Castrum Vallis fortress here, and in the Middle Ages Bale's castle was made up of houses stacked in concentric circles.

Guarding the intersection of roads that have always passed this way, the town of Bale has been located on Mon Perin hill since prehistoric times, and today represents a true time machine in which every stone whispers its own stories telling of the town's rich history.

Between the narrow alleys lies the town hall with its tower, the Church of the Annunciation of the Blessed Virgin Mary to St. Elizabeth, as well as one of the most beautiful sights in the town, the Soardo-Bembo Castle. The castle was built in 16th century between the two city towers, and is highlighted by the beauty of its Gothic-Renaissance façade.

Together with the beauties of its architectural heritage, there are equally exciting attractions of breath-taking nature in Bale - from the dinosaurs that once left their traces in the local coastal areas, to the birds protected in the special ornithological reserve and around 300 species of butterflies that found their habitat in Bale's surroundings.





Svetvinčenat

At the very heart of the story, as well as being in the centre of the borders of the former Istrian dioceses of Poreč, Pula and Pićan, is a small town protected by St. Vincent. Every resident and guests too, can choose their favourite name from this town - Savičenta, Svetvinčenat or San Vincenti.

It was mentioned for the first time in a document dating back to 965 when it was governed by the bishops of Poreč, and since then its history has been marked by the constant battles for the power of the Poreč bishops and noble families and by the shifting of state authorities. The impressive Morosini-Grimani castle that had been built in the 13th century, is testimony to these turbulent war inflicted centuries.

Almost every Istrian town has at least one story or magical legend, and a number of stories are intertwined in this lovely place. We will reveal an unfortunate one to you, about a witch called Mare who, according to tradition, was burned in the courtyard of the castle. A beautiful girl was condemned to a horrible death for being a botanical and herbal remedies' enthusiast, but many believe she died tragically for the love for an infidel nobleman.

Both this and other stories can be explored in this picturesque place that today is reigned over by dance and medieval festivals.



Kanfanar

If you want to touch the past, it will be enough just to walk around the interior of the peninsula. There, on the plateau next to the deep Lim Valley, in a once important strategic position, Kanfanar is waiting to greet you. Like the whole of the Istrian peninsula, it is rich in its historical and cultural heritage, and is valuable testimony to the past of those areas found nearby.

Earlier Kanfanar had emerged as a shelter for the survivors of the former Dvigrad, which had been devastated by malaria and plague in the ancient times. The church of St. Silvestre, the patron saint of plague, was built in Kanfanar in 1696 and the town was often called by his name.

And while life in Kanfanar blossomed, Dvigrad turned into a ghostly city of ruins, covered with ivy and tall grass, kept alive for hundreds of years though by the stories and legends that surrounded it.

Inspired by such legends, today's cheerful musicals, pirate games, entertaining pirate evenings, and the quest for Captain Morgan's buried treasure all take place within the walls of Dvigrad.



Outdoor destination for everyone

For all deep blue sky enthusiasts

We have designed both long and short trails for you, mild climbs and more challenging ones, competitions for top athletes and fun festivals for the younger holidaymaker! These are completed by the stories you can hear while crossing the landscapes of history and imagination...

We invite you to visit us and try them, and we will follow you with every step you take.

We are here for you – to help you choose which activity might be best for you, to provide the equipment and lend it to those who need it. We will support you in reaching new summits, but also hold you if necessary.

We will help you take your first steps into the world of outdoor adventures until you become confident in your own strength and then will let you enjoy every new step and moment of your activity.





Kayaking around Istria

The peninsula in a paddle

Discovering nature from the seaside and listening to the sound of the sea with rhythmic paddling, is one of the charms of kayaking. Whether recreational or adventurous, early morning, daily or at night, kayaking always opens up new horizons...

Highlights:

- > indented coastline
- > a large number of islands and cliffs
- > a variety of sea organisms
- > snorkelling
- > rent-a-kayak
- > guided tours
- > for all levels, from beginners to professionals
- > logistical support of experts
- > guarantee of quality and safety

Organised kayaking programs

The beauties of Istria are met through programs aimed at different groups of users, given the degree of complexity, and so are created for recreation, athletes or families. By way of a total of six programs, the picturesque landscapes of the Rovinj islands, the attractive and wild nature of the Lim Channel and the unique connection between the islands and islets of Vrsar are revealed.

Programs are suitable for children over 10 years old, although exclusively with parental accompaniment. Also, it is possible to have a picnic lunch or dinner as well as being able to drink a glass of wine after an evening tour on the terrace of the catering facility near which the tour ends.

Before the start of each program, once you have arrived on site, you will get to know your guide, learn about the equipment and its use and from then on the adventure tour begins.

Preparation and training of kayakers and rowers in the Lim Channel

Paddling through the canyon

The Lim Channel, a fascinating sea canyon that penetrates 13 kilometres into the peninsula's inland, offers a truly distinctive kayaking and rowing experience. Its almost vertical green cliffs create exceptional visuals on the surface of the sea throughout the day, and paddling is possible here both during the summer and in the winter.

The benefits of the Mediterranean climate provide the ideal conditions for training in a variety of rowing sports throughout the year, more than a third of which are suitable for rowers, without any wind.

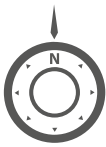
Besides preparations and training in order to achieve excellent sporting results, rowing through this unusual play of nature brings with it the additional experience of enjoying the preserved flora and rich fauna. The picturesque appearance of Lim has always attracted people burning with curiosity, so this area has served as a film set on several occasions, and regularly hosts different international rowing competitions.

The Lim Channel is located near Vrsar and its accommodation facilities are reachable in just 15 minutes by car and offer an undisturbed entrance to the sea for kayaks and boats from a specially designed pontoon.



OFFER FOR KAYAKERS AND ROWERS

- > organisation of kayaking tours
- > sea kayaking
- > rent-a-kayak, canoe and equipment
- > laundry service
- > sport massages
- > fitness gym
- > car park



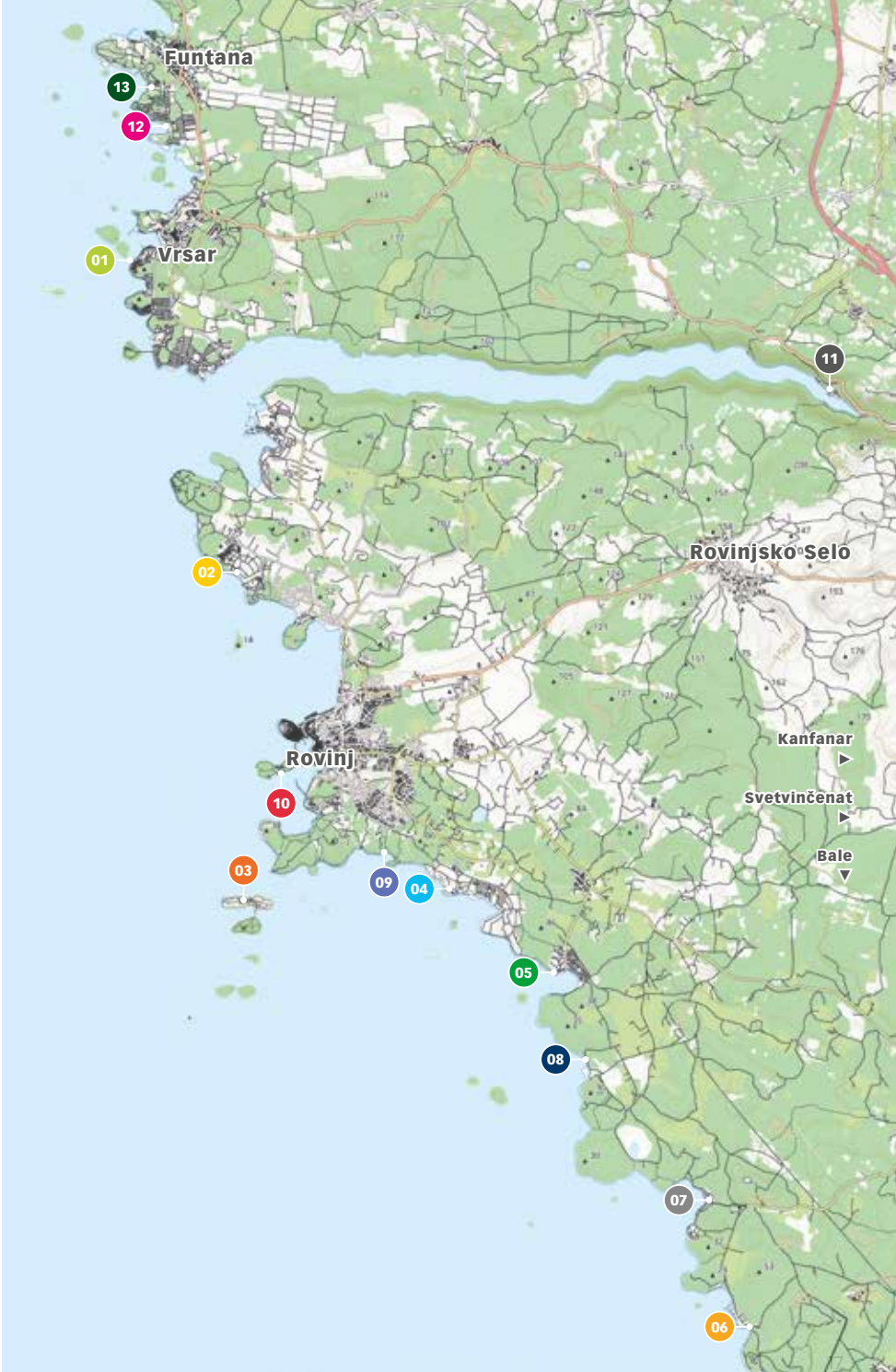
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DISTANCE BY CAR

Rovinj - Vrsar	> 30 km
Rovinj - Bale	> 14 km
Vrsar - Bale	> 26 km

	01 Resort Belvedere
	02 Resort Amarin
	03 S. Andrija
	04 Resort Villas Rubin
	05 Campsite Veštar
	06 Campsite Mon Perin Zone Colone
	07 Campsite Mon Perin Zone San Polo
	08 Bay Cisterna / Bay Bačvice
	09 Kuví
	10 S. Katarina
	11 Lim
	12 Campsite Valkanela
	13 Resort Funtana



Trail

Along the roads of epic history

We believe that in a region with thousands of years of history, a living tradition and pristine nature every healthy life enthusiast will find his own special corner for enjoyment. The endless sea and calming greenery of the Istrian inland attract many visitors from around the world throughout the year.

Highlights:

- > 10 circular trails
- > 175 kilometres of trail paths
- > trails of medium and easy technical difficulty
- > run by the sea and in the green inland area
- > preserved nature
- > attractive climbs
- > logistical support of experts
- > guarantee of quality and safety

Whether you want to enjoy an active holiday, spend a relaxing weekend in the spring, autumn or winter months, or take advantage of your free time during the year, we have arranged a number of trails for you and have prepared fun recreational events and sporting competitions.

Itineraries are intertwined between Rovinj, Vrsar, Bale, Kanfanar and Svetvinčenat and overflow with the turbulent history of these regions, the unusual attractions and a wealth of mysterious legends, which invite you to explore them. From the coast of the Adriatic Sea, trails lead through preserved nature to the peninsula's interior, where you can discover prehistoric castles and the area's ancient heritage, including the grace of Romanesque churches and medieval towns.

Seaside walks reach the olive groves and vineyards, and besides the exploration of Istrian culture and tradition, our trails also offer places for refreshment, tastings of autochthonous products, top quality wines or olive oils.



For recreation

Circular trails around the town for walking or running lead to sightseeing on the safe, marked paths, returning you to your point of departure. We have prepared interesting and detailed itineraries for you, and on each of them there are well set up points for taking a break.

For the preparation of athletes

Istrian roads are ideal for nature lovers, but also for top athletes. Discovering the undiscovered, with the benefits of the sea and the power of pure greenery surrounding the trail tracks. Here athletes have complete infrastructure for fitness training with a number of support services at their disposal that provide the necessary support for training and progress of trail racers.

Organised tours and trainings

For all of you wanting to walk and run the trail tracks in groups, with an experienced guide or train with a professional trainer, whether it is an initial or advanced program, our experts with their abundant experience and knowledge are at your disposal. As desired, we will also create special, ad hoc shorter or longer programs with additional services and amenities.

SELECTED EVENTS

- MAY:
- > **Lim Bay Challenge**
 - > Adventure race and Trail running event

SIGHTRUN ROVINJ

www.sightrun.com
SightRun is a free mobile application providing a new dimension of running with an audio-guided tour and GPS note, combining this activity with sightseeing and exploration of Rovinj and its surroundings.



Sport climbing

Skill in harmony with nature

Sport climbing is suitable for both children and adults. The area of Rovinj represents the perfect destination for beginners as well as for families with children. The mild Mediterranean climate allows climbing throughout the year.

You can awaken yourself with morning recreational climb in the Golden Cape Forest Park during the summer heat. There, the most stunning view over Rovinj awaits you, whilst the seashore just 10 metres from the rock will offer refreshment in the afternoon hours. Beaches are accessible and abound with shade, while an organised dog beach can be found nearby the climbing site.

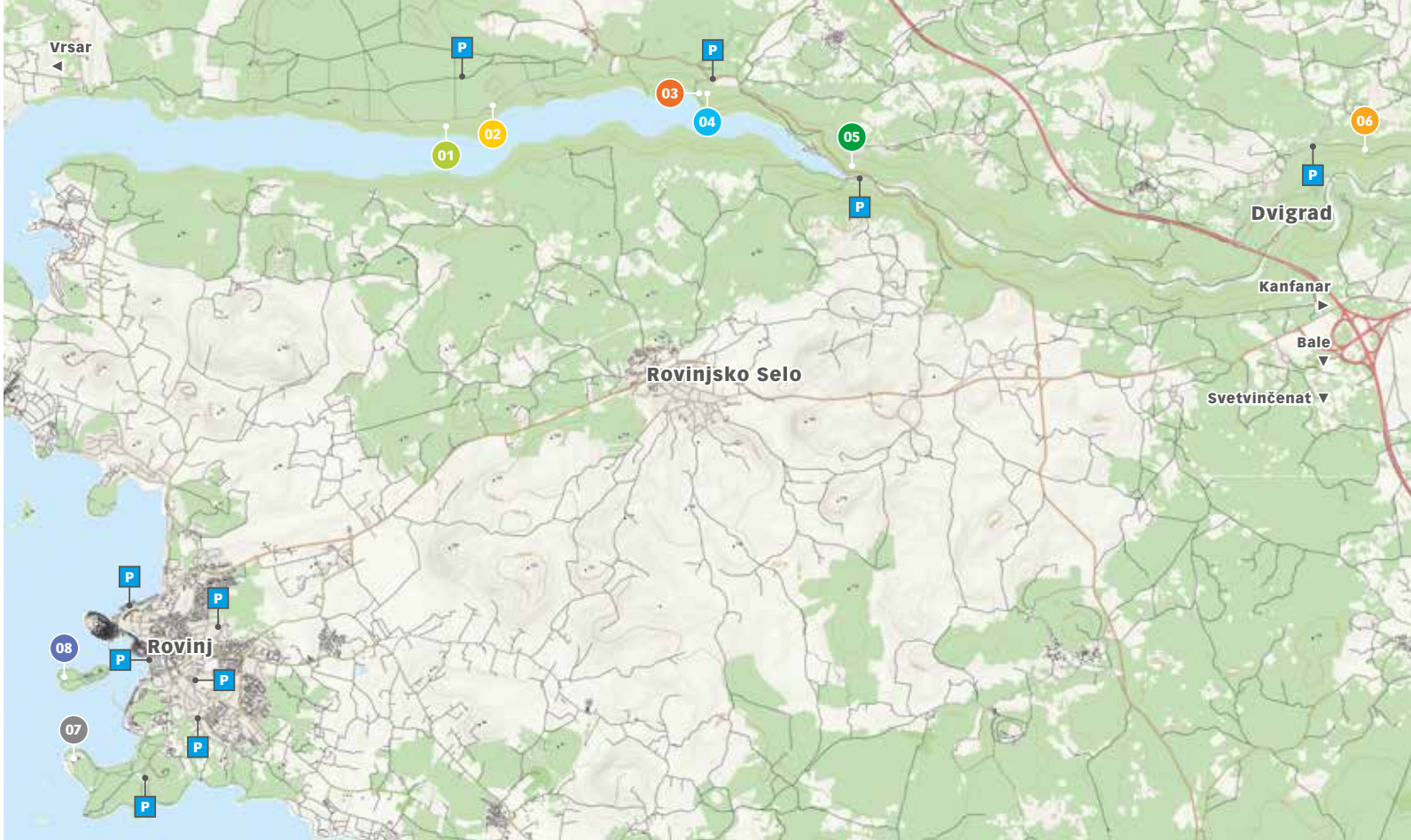
The unforgettable view spreading from the rocks of the Lim Channel will make your sunny winter days within family even more seductive. The climbing site abounds with long and easier routes, although advanced climbers will also be able to satisfy their needs. To end the day, you can treat yourself on one of many stands run by local producers.

The ancient remains of the medieval town of Dvigrad, which, according to the legend, hides the treasure of the famous pirate Henry Morgan, as well as the climbing spot of the same name characterized by shorter and, technically, very demanding routes, will not leave you indifferent.

- Highlights:
- > 3 climbing sites
 - > 373 routes
 - > grades from 4b to 8c
 - > technically medium and easy routes
 - > climbing sites suitable for beginners
 - > climbing sites suitable for families with children
 - > attractive climbing locations – breath-taking view

SELECTED EVENTS

- MAY:
- > **Let's Climb Together**
 - > Sport climbing competition



DISTANCE BY CAR

Rovinj - Vrsar	> 30 km
Rovinj - Dvigrad	> 21 km
Vrsar - Dvigrad	> 17 km

	01 Limski kanal		05 Limski kanal
	Kloštar		Gavranik
	10		34
	6a+ - 7a+		4b - 8a
	02 Limski kanal		06 Dvigrad
	Šimije		-
	47		88
	5a - 7a		4b - 8c
	03 Limski kanal		07 Rovinj Punta Corrente
	Horoskop		-
	19		149
	5a - 7a		4a - 7a
	04 Limski kanal		08 Sv. Katarina (Deep Water Solo)
	Krugi		-
	17		9
	5b - 8c		5a - 7a

Rovinj's Golden Cape - Punta Corrente

Climbing in Rovinj's Golden Cape - Punta Corrente Forest Park is a new and different experience whenever you do it as the rocks provide a beautiful view over the Rovinj peninsula, the old town, the sea and Rovinj's islands. Climbing paradise with the most stunning sunsets is located in the former Muntravo quarry, from which stones for the construction of a number of Venetian palaces were used. Most of the routes have been set in the early 1990s. New summits are reached here by the seashore, within one of the most beautiful and largest protected forest parks on the Mediterranean. The Golden Cape is rich in vegetation, with meadows surrounded by forests and crossed by trails along which walkways of cypresses and pines have grown. This is an international meeting point for climbers that is perfect for the whole family, as 149 routes of different difficulty have been set up by the sea, with many of them being adapted to beginners. There is also a climbing school organised by experienced instructors.

Lim Channel

The Lim Channel is situated on the west coast of Istria, between Vrsar and Rovinj, and is an integral part of Lim Valley. Today represents the natural border between Rovinj, Vrsar and Kanfanar, whilst in the past divided the two Roman provinces, today's cities Poreč and Pula. It emerged as the flooded river mouth of the Pazinčica River, which once poured into the sea, and today sinks in the attractive Pazin Cave near Pazin. The entire Lim Channel is a breeding site that makes it an inevitable destination for gourmet enthusiasts. You will remain speechless from 40 metres high rocks when the 12km long Lim Channel appears in front of you. Even though easier routes prevail, the more experienced climbers will enjoy here as well. The best period for climbing here is from September to May, while in the summer climbing is possible early in the morning (Krugi) or in the late afternoon (Gavranik) when the sectors are in the shade.



CHARACTERISTICS

- > 149 routes
- > grades from 4a to 7a
- > route length up to 15 metres
- > laid and vertical technical routes
- > west-oriented rock
- > type of the rock: grey-white sharp limestone
- > suitable for families with children
- > suitable for beginners

CHARACTERISTICS

- > 127 routes placed in 5 sectors
- > grades from 5c to 8c
- > route length up to 43 metres
- > vertical and overhanging technical routes
- > south-oriented rock
- > type of the rock: red and grey limestone
- > suitable for families with children
- > suitable for beginners



Dvigrad

The Dvigrad climbing site and the medieval town of the same name known for a number of legends are located in the interior of the Lim Valley. The famous pirate, Captain Henry Morgan and his hidden treasure are protagonists of one of the legends that will surely capture your imagination and make you look deep into the well before you head into your climbing adventures. Grey boards of Dvigrad are enriched by 88 routes that will test the technique of the most experienced climbers. Among them, the most famous is the Malvazija route, set by the Italian author Manolo (Maurizio Zanolla), which summit has so far been reached only by two climbers. The author himself, Manolo, worked it in 1989, and only 21 years later, the American Cody Roth managed to do the same. Climbing is possible throughout the year, but during the warm months watch out for snakes.

CHARACTERISTICS

- > 88 routes
- > grades from 4b to 8c
- > route length up to 25 metres
- > laid and vertical technically very demanding routes
- > south-east oriented rock
- > type of the rock: grey limestone
- > suitable for families with children
- > suitable for beginners





Organised climbing

Climbing schools are available to all, from the youngest, who fearlessly conquer the heights to adults, regardless of their physical condition, because each person determines his or her own pace.

Guided tours with a certified instructor who will instruct each climber into reaching the summit as successfully as possible, are an excellent opportunity to let yourself go into an adrenaline-filled experience with safe guidance, whilst at the same time getting to know these attractive Istrian landscapes.

The option of equipment rental will provide for the youngest generation enjoyment in the adventure of conquering the "verticals", mastering the secrets of this exciting sport through the climbing school, with all the necessary safety measures and under the watchful eye of an expert instructor.

CONTACT AND INFORMATION

"SPK MUNTRAVO"
SPORT CLIMBING CLUB

E-mail: muntravo.rovinj@gmail.com
spk-muntravo.hr

Accommodation tailored to outdoor guests

Shelter for new challenges

Rovinj, a town of far-known outlines, offers to all lovers of outdoor living top accommodation and safe shelter under the patronage of its patron saint, St. Euphemia.

In Vrsar, 30 kilometres from Rovinj, a wide range of quality accommodation awaits contemporary nomads looking for active and attractive holidays in facilities of various categories and content, with all suitable services.

Hotel EDEN, Rovinj
www.maistra.com/hotel-eden-rovinj



Emerald colours of Eden

Eden Hotel is a contemporary destination of today's nomads in search for new adventures and challenges. Located by the Golden Cape Forest Park, this, completely renovated, timeless pearl of Rovinj offers 302 air-conditioned, spacious rooms with balconies as well as 32 suites.

Here, you can enjoy in wellness pleasures or perform your physical training in its excellent gym. Besides the relaxing zone, hotel offers Finnish and infrared sauna, Turkish bath and after refreshing yourself in the Vitality Bar, you will regain your power with healthy tastes of traditional Istrian cuisine.

Along with the indoor pool and the complex of outdoor pools, the Eden hotel provides a number of sport contents, but also a completely unique "sport" training ground – the already mentioned centuries-old Golden Cape forest where you will find a corner for entertainment, daily activities or you can simply walk towards the unforgettable sunset and views of Rovinj's coast.

HIGHLIGHTS

- > free Wi-Fi
- > free car park
- > wellness & spa
- > gym
- > indoor pool
- > outdoor pool
- > outdoor pool for children
- > sport facilities
- > bike friendly hotel



Hotel PINETA, Vrsar
www.maistra.com/hotel-pineta-vrsar



The most attractive hotel in Vrsar, like a nest comfortably situated on top of a hill above the Adriatic Sea, delights with its breath-taking views. While on the one hand it sparks the imagination with its views over the fishing town, on the other it steals your heart with the emerald colours of the waves and the islets of the Vrsar archipelago. Pineta will offer enjoyment within the pleasant atmosphere of comfortable and air-conditioned hotel rooms and the benefits of swimming in freshwater pools for both children and adults. During the warmer days, you will be able to enjoy the delights of the outdoor pool, and during the colder days in the warmth of the indoor pool. The Wellness & Spa corner offers aromatherapy treatments in the spirit of the Mediterranean, with relaxation in the sauna and hydro massage pool. Just a few minutes' walk from the hotel you will come across a number of beaches, whose organisation is confirmed by the Blue Flags they have achieved, stretching all the way to the Lim Channel, so you can use them too, alongside the usual summer fun, for walks, walking and running throughout the year. Local restaurants offer a number of local and foreign specialities, whilst the hotel's piano bar reveals a view over Vrsar's delightful marina.

HIGHLIGHTS

- > free Wi-Fi
- > free car park
- > meeting rooms
- > gym
- > mini wellness
- > indoor and outdoor pool
- > a polyvalent court for basketball, volleyball, futsal, handball and badminton
- > bike friendly hotel

Apartmani RIVA, Vrsar
www.maistra.com/riva-vrsar



If you decide to stay at the Riva Apartments located right next to the marina and Vrsar Bay, then a marvellous view of the old town and harbour awaits you. Just a step from the beach and a short walk from the outdoor pool in the Belvedere Resort and Pineta's indoor swimming pool, suitable for preparation of athletes. Comfortable apartments offer accommodation for three to six people, all providing air conditioning and a balcony. The Riva Apartments are also an excellent choice for pet owners, and they also dispose of a kitchenette. For perfect meals during the day, restaurants, taverns or snack bars are also nearby, whilst a search for gourmet delicacies will take you to the à la carte Riva restaurant. For outdoor enthusiasts, Vrsar, surrounded by hills and forests, offers a wealth of walking and cycling trails, the possibility of diving and exploring the underwater world and additional sporting activities offered by nearby centres.

HIGHLIGHTS

- > free Wi-Fi
- > free car park
- > meeting rooms (in the Pineta Hotel)
- > gym (in the Pineta Hotel)
- > mini wellness (in the Pineta Hotel)
- > indoor and outdoor pool (in the Pineta Hotel)
- > a polyvalent court for basketball, volleyball, futsal, handball and badminton



Resort BELVEDERE, Vrsar
www.maistra.com/belvedere-vrsar



The view from the high ground spreads over the vivid landscape of the archipelago and 18 islets each full of historical and geographical wealth. In a tourist resort located above the marina, there is also a large outdoor swimming pool, whilst the surrounding beaches invite you to swim in the summer and explore during the winter months.

The well-kept garden surrounds modern double rooms and apartments, divided into 16 pavilions, which are just a short walk away from Vrsar. The Belvedere restaurant also provides meals for vegetarians, diabetics or athletes during preparation, and the Lungomare Restaurant offers tastes of local delicacies.

It is an ideal place to stay where the whole family will have fun, especially the little ones. Well-designed programs will give you an unforgettable experience, as well as a sense of security and trust.

Vrsar is the place where you can do many sporting activities such as playing tennis, basketball or volleyball at the nearby Porto Sole sports centre, where a diving school is also located.

HIGHLIGHTS

- > free Wi-Fi
- > free car park
- > outdoor pool
- > Porto Sole Sports Centre
- > diving centre
- > bike point

Outdoor experts

OUTDOOR EXPERTS

Reliable support with every step you make

In search of new adventures, we believe it is of the utmost importance to ensure every step and to take care of the full enjoyment of all our guests. This is provided by trusted and experienced partners, each specialist in their field of action.

Carefully selected partners are verified and offer significant support in each segment of planning and carrying out outdoor activities. Top-level knowledge and professional service are an integral part of every program, whether we are dealing with long-time active holiday enthusiasts or beginners who want to try out new activities.

Our experts will be available during all the programs and itineraries we have created for you.

Sportbox
www.sportbox.hr

Long-term partners with a number of Istrian towns in the organisation of attractive competitions throughout Istria, experts from Sportbox have been drawing and executing extraordinary itineraries for walking and cycling trails, orientation trekking races and recreational marathons. They are also the organisers of the largest Istrian trail race, by which they have cross-linked almost 100 magnificent miles through the entire peninsula and successfully listed it with the Ultra-Trail World Tour World Cup, which brings together only 21 of the best trail races in the world. Their knowledge of the Istrian terrain is unquestionable, and that imagination plays a major role in everything is confirmed by the youngest, among which they have gained loyal fans by creating the joyous paths of cheerful childhood.



Adistra
www.adistra.hr

A reliable partner in the selection of adrenaline activities, Adistra is a specialist in creating top kayaking, team building and sport climbing experiences. The greatest support will be given to beginners deciding to paddle for the first time with a kayak or to step onto a vertical rock, but at the same time to those interested in finding new adventures. Their guides are excellent sports connoisseurs in their area, but also real storytellers who will unveil the allure of the Istrian landscape to you explaining the turbulent history of this region as well as the many sights that such a past provided.

Fiore tours
www.fiore.hr

Experts, primarily in the cycling field, who have been designing playable outdoor itineraries for many years, and who are constantly looking for new coves, the most beautiful views of the sunset, the most distant views. Fiore Tours is an agency that has been investigating and tracing interesting trails throughout the Istrian Peninsula since 1992. Every year they come across another unexplored path or viewpoint. Inventive in creating outdoor offers for couples or individuals, families and smaller groups, will attract every guest with their love for sport as well as a cultural heritage and gastronomy that loyally follow their itineraries.



Destination outdoor packages

Palette for modern nomads

Programs designed for all profiles of outdoor activities enthusiasts are carefully created and embraced into complete packages. The offer of destination packages includes a choice of daily to multi-day programs, either guided or those you can do independently.

Our towns and attractions can be visited with friends or business partners, you can come with your family or on your own, and spend a carefree holiday or an entertaining weekend.

We are at the disposal of athletes to carry out specialised programs according to the special requirements set by each of the selected activities.

The quality of accommodation is complemented by excellent opportunities of providing full-board, half-board or special meals, as well as those tailored to demanding sport preparation regimes. Possibilities are diverse, and you can join us throughout the year.

Rovinj, Vrsar, Bale, Svevinčenat and Kanfanar are the friendly hosts with a long tradition where you can enjoy cultural and traditional heritage and top gourmet offer within amazing natural surrounding which, whilst our experts, being professionals, bring new experiences every day.

E-mail: groups@maistra.hr



References

They have been speaking about us...

Rovinj, Vrsar, Bale, Svetvinčenat and Kanfanar are proud of their hospitality and long-standing tourist tradition. The top-level reach in the hospitality domain is well complemented by achievements in the category of sport and active tourism as well as the organisation of a number of events. Some of today's best known athletes have visited us, taking part in races or preparing for top competitions. But still, the best thing is when others talk about us, so this time we'll let them talk...

Andraž Hribar, a longtime Slovenian national team member and champion in orientation running, a participant of 10 world championships and a winner in many adventure, trail and trekking races: "The charm of the Istrian towns, hills and vineyards has always attracted me and brought me back to this area, whilst the kindness and professional service of my hosts provided the supreme support needed to achieve the best results."

Matic Modic, Slovenian national team member and champion in full triathlon who occasionally participates in trail competitions with great success: "The nature here does not just offer beauty that will really fascinate you, but the configuration of the terrain and the shore is such that my triathlon stages (4 km swimming, 120 km bike and 30 km of running) are never uniform but, on the contrary, they offer a challenge and inspiration for new victories."

Mauricio Križmanić, winner of the first "100 Miles of Istria" race as well as of many adventure and trekking races, lives in Kanfanar: "Here I prepare daily for future appearances at competitions, using the attractive routes and trails that this region abounds, and which can still surprise me."

A number of rowing and kayak clubs as well as national and international teams have chosen the "Sunny Riviera" of Rovinj and Vrsar to be their place for sporting preparation.



Outdoor events

Festivals and races, competitions and meetings

The area of our destination, stretching from the coast of the Adriatic Sea and the islets of the Rovinj and Vrsar archipelago into the interior of the Istrian peninsula, towards the town of Bale to Svetvinčenat and Kanfanar, is a place of exceptional natural beauty and a proven host of a number of events.

The indented seashore and hills in the inland, preserved forests and flourishing meadows are areas ideal for setting up some extraordinary sports and entertainment festivals.

Activities ranging from competitive racing to recreational gatherings will give you the opportunity to measure your strength and spend joyful days in the pleasant company of outdoor enthusiasts – of all generations.

Join us!

Popolana

TIME April
PLACE Rovinj
TYPE recreational sports weekend
www.rovinjsport.com

The most exciting active weekend in Rovinj is being prepared for you in late April, just at the right time for a spring reawakening. Organised by the Town of Rovinj and its sports and tourist board, a number of sporting activities adapted to all ages are being held, with the weekend ending with a magical Rovinj half marathon.

Let's Climb Together: Zlatni Rt

TIME May
PLACE Rovinj
TYPE sport climbing
www.spk-muntravo.hr

In May why not immerse yourself in a new skill and try out the exciting defiance of gravity. An exciting climbing event organised by Muntravo Sport Climbing Club awaits you in the Rovinj Park Forest Golden Cape.

Lim Bay Challenge

TIME May
PLACE Vrsar
TYPE adventure race and Trail running event
www.limbaychallenge.com

The Lim Channel's biggest adventure returns in its fifth edition! Besides its already cult adventure race and trekking cup, a four-day event brings a handful of new contents – yoga classes, yoga for kids, a boot camp, bike and kayak tours, free climbing and Nordic walking courses... All you have to do is choose the category in which you wish to take part.

Bale -Valle Outdoor Festival

TIME July
PLACE Bale
TYPE outdoor festival
www.bale-valle.hr

Three days of outdoor activities have been prepared this spring by the Trickeri Sports Association, the Swimming club Delfin and by the Axa Bike Club. From July 10 to 12 you will have the chance to run, ride a mountain bike or take part in a swimming marathon.



Ocean Lava Triathlon Vrsar

TIME October
PLACE Vrsar
TYPE triathlon race
www.oceanlava.hr

The race, which takes place from October 23rd to 25th, is the only triathlon race in Croatia to be included in the Ocean Lava Planet Series International Cup. Both the Start and the Finish lines of the triathlon are in Vrsar, and through the Half and Olympic disciplines, the Ocean Lava Triathlon Vrsar offers new challenges for both professionals and recreationalists.

Information | Contact

We will gladly answer any of your questions

We know that in order to prepare the perfect holiday and choice of activities, different information is needed, but we are here to help you collect all the necessary answers.

We will offer you all information about our destinations and outdoor programs, our cultural and natural sights, family attractions, together with the best Istrian taverns and many other details that you will want to know before you head to your chosen itineraries.

Our staff and our expert partners will advise you on choosing the perfect itinerary for you and will be at your disposal for all inquiries before your arrival as well as during your stay in Istria.

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The destinations of Rovinj, Vrsar, Bale, Svetvinčenat and Kanfanar offer a map with a total of 10 marked trail and trekking paths. The map includes technical data, registered altimetry and information on services and contents found along each trail.



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